PERSONALITY ASSESSMENT IN POLICE PSYCHOLOGY

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PERSONALITY ASSESSMENT IN POLICE PSYCHOLOGY

A 21st Century Perspective

Edited by

PETER A. WEISS, Ph.D.



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INTRODUCTION

The story of how this book came to be written is a long and interesting one. My involvement in police psychology goes back to 1999, when I attended my first Society for Police and Criminal Psychology (SPCP) conference, held that year in Port Jefferson, New York. I was a graduate student at the time and (had been for some time since entering graduate school) very keenly interested in personality assessment. One of the things I noticed at the conference right away was that many of the psychologists presenting at the conference (including several whose chapters are included in this book) were using personality assessment instruments in police psychology and conducting research on them. As a result, I began an interest in applications of personality assessment to police psychology that has continued, and over the years continued to discuss this application with other psychologists, particularly in SPCP.

One of the things that I noticed fairly quickly (many of my colleagues noticed it, too) was that there were a wide range of assessment instruments used in police psychology, and what was used depended on the preferences of the psychologist. Moreover, people had a lot of information on using personality assessment for purposes of pre-employment screening of law enforcement officers, but not on much else. In addition, the presentations that I attended, and journal articles I read, usually dealt with only a few instruments—the MMPI-2 and the Inwald Personality Inventory (IPI) were about it in those days. Exploring the use of additional methods seemed to be of less interest.

Now, ten years later, all of these situations are changing. New instruments have been developed or investigated for use in police psychology, and there are more peer-reviewed research studies on using personality assessment in police psychology than ever before. Since that time, the Personality Assessment Inventory (PAI) and Rorschach Comprehensive System were investigated for use in police work, the M-PULSE was developed, and the Hilson Test Battery (of which the IPI is a part) has been expanded. With so much information available and an almost bewildering array of tests, the police psychologist needs a handy information resource on personality assessment.

Moreover, psychologists are more involved in law enforcement work than ever before, and in a wider variety of roles. The purpose of this book is to provide a "how to" primer which will help psychologists understand the essentials of conducting various police evaluations, and also understand the pros and cons of various tests in order to help with test selection. When we began work on this book, my co-contributors and I realized that no such resource existed, but that such a book would be invaluable to the police psychologist. Important information on conducting evaluations can be found in the sections of this book dealing with different tests and specific evaluations. Of course, background information and evaluation basics are covered in the introductory section.

However, this book is not oriented exclusively towards practitioners. With the movement in psychology towards evidence-based practice, police psychologists must justify their practice-based decisions in terms of research findings. The question will always be asked, "Does this assessment method work for this purpose?" For this reason, a three-chapter section has been included on research methods in police psychology. The purpose of this section is to help psychologists better understand current research, particularly using the ever-popular personality inventories, but also to better understand research findings, and, in the chapter on future research, we hope to stimulate further research in the field of personality assessment in police psychology. Reflecting this empirical orientation, all of the practice-oriented chapters cite relevant research studies as well in the spirit of continuing to promote evidence-based practice.

The event that actually precipitated this book is more immediate, however. As a result of my interest in personality assessment, I also became involved in the Society for Personality Assessment (SPA), and it was suggested to me for the 2008 conference in New Orleans that I host a symposium on using personality assessment in police psychology. So I assembled a group of presenters whom I knew from both SPA and SPCP, and we had a very interesting set of lectures and discussions on a variety of issues in police psychology. We felt that the symposium was quite successful, and it promoted our thinking more about how personality assessment is actually used in police applications. After discussions with several of the contributors in this book, especially James Herndon, whose presentation at SPA on the politics of assessment in police agencies was a big hit, we felt that a resource on using personality assessment for police work was needed, for the reasons that I have briefly described above. We hope that this book will become a valuable resource for the current generation of police psychologists. We have tried to be as comprehensive as possible and to include up-to-date information. We have also attempted to cover as many types of applications, and as many tests, as were reasonable within this space. While in such rapidly changing

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fields as applied psychology, it is nearly impossible to have everything within one cover, we sincerely hope that this volume will be viewed as an important reference by police psychologists everywhere. Never before has so much information on personality assessment in police psychology been found in one place.

I would like to acknowledge the efforts of a number of individuals without whom this book would not have been written. First and foremost, I would like to thank all of the contributors to this book-after all it would not exist without their efforts. Among that group, several people deserve special mention. Robin Inwald was an enthusiastic supporter of this project from the very beginning, and she provided invaluable assistance in helping me trace the history of personality assessment in police psychology. She was perhaps the ideal person to do this, as she was one of the pioneer police psychologists doing personality assessment in the early days. James Herndon, Phil Wickline, JoAnne Brewster, Michael Stoloff, John Hitchcock, and Rose O'Conner all contributed in one way or another to the SPA 2008 symposium that evolved into this book, and their contributions were very important. James Herndon also deserves special thanks for helping to convince me that a volume such as this was sorely needed, as do JoAnne and Phil for agreeing with me that exploring the use of the Rorschach in police psychology was something worth doing. I would like also to thank Gerry and Anne Serafino, and Ali Khadivi, for the many hours that they spent with me talking police and assessment psychology and, essentially, cheering this project on to its completion.

Finally, thanks goes out to both of my parents. My father, William U. Weiss, has been a longtime police psychologist and former editor of *Journal of Police and Criminal Psychology*, and has proven to be a better collaborator on all things related to assessment and police psychology than I ever could have hoped for myself. My mother, Judith Weiss, used her editing skills to assist with assembling the book manuscript and her assistance is greatly acknowledged.

My co-contributors and I all sincerely hope that this volume will be invaluable to you in whatever area of police or assessment psychology you may be involved in.

Peter A. Weiss West Hartford, CT and Vancouver, WA

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PERSONALITY ASSESSMENT IN POLICE PSYCHOLOGY

Part I INTRODUCTION AND BASIC PRINCIPLES

Chapter 1

A BRIEF HISTORY OF PERSONALITY ASSESSMENT IN POLICE PSYCHOLOGY¹

PETER A. WEISS AND ROBIN INWALD

Since the 1960s, the application of psychological services and research to law enforcement settings (henceforth referred to as "police psychology") has gone from being practically nonexistent to being almost universal in a relatively short period of time (Scrivner, 2006). In the early twenty-first century, psychologists are involved in providing a variety of services to law enforcement agencies, including performing evaluations for pre-employment selection, "fitness-for-duty" evaluations (FFDE), and providing counseling and treatment to psychologically troubled officers.

The extensive use of personality assessment instruments in police psychology is not surprising given the fact that psychologists have traditionally concerned themselves with issues of psychological measurement and test construction. In the contemporary practice of police psychology, assessment using personality measures is essential, being utilized in all of the previously mentioned evaluations, in addition to other occasional applications (Weiss, Weiss, & Gacono, 2008).

Before the 1960s

Even though most of the current trends in police psychology date back only to the 1960s, the use of psychological assessment in law enforcement is

¹This writing is based on records obtained by the authors at the time of this writing. An ongoing project to fully develop and verify the history of "police assessment psychology" is underway. It will be appreciated if readers contact the authors with any corrections and/or additions (such as the names of additional early conference participants).