

**COUNSELING IN THE
REHABILITATION PROCESS**

TITLE PAGE

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To

*Patrick Gandy, my brother (in memory); and Tamiko Gandy, his daughter
and my niece.*

Ruth Mackey Martin, beloved wife and best friend.

Jason Elliott Hardy, beloved son.

PREFACE

This text represents a complete revision and update of *Rehabilitation Counseling and Services: Profession and Process* published in 1987. This text will provide the reader with a comprehensive overview and introduction to the field of rehabilitation counseling and services but will also have applicability to the growing field of community counseling. The relationship to the latter field not only reflects a broadening of focus but also the fact that community counseling and rehabilitation counseling have begun to merge and overlap in many respects. We believe that this text will be particularly useful in graduate introductory rehabilitation or community counseling courses and may be readily adaptable to undergraduate courses in rehabilitation or general human services related areas. Additionally, this book should prove to be a useful and current source for the rehabilitation or community counselor practitioner.

The new *Counseling in the Rehabilitation Process: Community Services for Mental and Physical Disabilities* (Second Edition) contains some material from the previous edition but for the most part has been completely revised and updated. Philosophical considerations of the rehabilitation process have been expanded and incorporated into a new foundations of rehabilitation chapter. A new historical aspects chapter has been developed that includes updated material on the modern rehabilitation enterprise in America including implications for the private as well as public rehabilitation sector. Educational considerations have been expanded and incorporated into a chapter on the development of the rehabilitation counseling discipline. Adjustments and modifications have been made that have enhanced the previous historical chapters. Material on the rehabilitation process and occupational analysis and placement have been reorganized and includes new material on job development and placement. The social and psychological aspects of acceptance and adjustment to disability have been updated, expanded, and reorganized in order to combine counseling approaches with psychosocial aspects. New material has been included on counseling credentialing and substance use disabilities and material on international and multicultural perspectives has been reorganized and updated.

As before, we have selected an outstanding group of contributors. They have achieved an excellent balance in regard to their academic training, professional experience, community service, publications, and credentialed status. Their collective achievements have included agency executive leadership; university professorships; national and international committee and consultation activities; extensive publications in the form of books, articles, and other media, and the highest level of professional training, experience, and credentials.

Considerable thought was put into the organization of this book to ensure a consistent and integrated frame of reference as reflected in the following description of each section:

Part One, the introductory section, lays the foundation. Professor Martin discusses and describes the basic foundations of the rehabilitation process. Doctors R. Lassiter and M. Lassiter describe the historical antecedents of the modern rehabilitation enterprise in America. They then detail the early development of this enterprise. Professors Martin and Gandy continue with a more recent history of the modern rehabilitation enterprise in America discussing implications for both the public and private rehabilitation sectors. Doctors Gandy and Martin then describe the educational and professional organizational development of the discipline of rehabilitation counseling.

Part Two, *The Rehabilitation Process*, provides the reader with an insightful appreciation and understanding of the rehabilitation process. Professor Wright's and Martin's chapter provides a description of the rehabilitation process from the unique perspective of the counselor-client relationship. Doctors Martin, Sinsabaugh, Jarrell, and Hardy overview the methodology of occupational analysis, job development, and placement and include several case abstracts that relate to the public and private sector in rehabilitation. Professors Martin and Wright conclude the section with a very meaningful discussion of ethical issues in rehabilitation counseling.

In Part Three, the counseling and psychosocial aspects of disability are traced from multiple points of view—both theoretical and practical. Psychodynamic, Adlerian, Rational Emotive Behavioral, and Gestalt perspectives are explored and examined by Professors Hardy and Cull, Rule, Gandy, and Hardy respectively. Doctors Gandy and Martin then provide an integration of these perspectives including reference to existential and humanistic views as this material relates to acceptance and adjustment to disability. A unique aspect of this section is Mr. Rothrock's personal account of his experience in adjusting to disability. The psychodynamic chapter is a classic and has been included in several previous publications and expanded over the years; its contribution to acceptance and adjustment to disability is timeless.

Part Four discusses some special topics in rehabilitation appropriate for an introductory textbook but more suitable for an in-depth examination. Doctor Luck provides a study of the development and current status of rehabilitation counseling credentialing as a professional counseling specialty. Doctors Saltz, Lawton, and Gray describe the pervasive problem of substance use in America with implications for treatment and rehabilitation on both the practice and policy levels. Professors Gandy and Hardy conclude with some personal perspectives on rehabilitation as an international and multicultural phenomenon.

We wish to take this opportunity to thank those who have provided us with professional and personal support during the past several years of planning, researching, and writing. We would especially like to thank Mrs. Patricia Gandy, a management analyst (as well as Doctor Gandy's wife), for her administrative and computer technology expertise in the final preparation of the manuscript.

We would also like to thank Ms. Kelley G. Kramer, a graduate student in our master's degree program for her technical assistance with the figure illustrations.

Gerald L. Gandy
E. Davis Martin, Jr
Richard E. Hardy

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Part One
INTRODUCTION TO REHABILITATION

